

Teach2Drive

THEORY | DRIVING | TEACHING
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PART 3 RECOVERY TRAINING SCRIPT (JUNCTIONS – HESITATION)

1. Lesson Opening (Set the Standard – 2 mins)

YOU SAY:

“Last time we noticed some hesitation at junctions.

Today we’re going to focus on improving your decision making so you can deal with them confidently on your own.”

COACHING QUESTION:

“What do you think causes that hesitation?”

FOLLOW UP:

“Nice — so today I’ll step back more and let you make the decisions, and we’ll review them together. Sound good?”

2. Introduce LADA Properly (Core Fix – 2 mins)

YOU SAY:

“At junctions, everything comes down to a simple routine:

Look → Assess → Decide → Act (LADA)”

COACHING:

“Talk me through what you’re looking for on approach?”

(LET THEM ANSWER — DO NOT INTERRUPT)

If needed:

“Good — and how do you decide if it’s safe?”

3. First Junction Approach (Say Less!)

DO NOT SAY:

“Check your mirrors”

“Slow down”

“Look right”

INSTEAD SAY (BEFORE JUNCTION):

“Talk me through what you’re seeing.”

(SILENCE = GOOD — LET THEM WORK)

If they hesitate:

“What’s stopping you going?”

“What would a safe gap look like here?”

If they make a mistake (but safe):

“Talk me through that decision.”

“What could you do differently next time?”

4. Gap Judgement Coaching

YOU SAY:

“Let’s make this simple — if you can walk across, you can drive across.”

QUESTION:

“Looking at this junction now, which gaps would work?”

Then:

“Next one, I want you to decide without my help.”

5. Speed Control (Closed vs Open Junctions)

YOU SAY:

“If it’s closed, we go slower for more time to think.

If it’s open, we can keep it moving.”

QUESTION:

“This one coming up — open or closed?”

“So what speed would work best?”

6. During the Drive (CRITICAL RULE)

ASK → DON'T TELL

“What speed do you think works here?”

“Where's the main risk coming from?”

7. Use Real Situations

“What's the risk here?”

“What's your plan?”

“How are you planning for that?”

8. Mid-Lesson Reflection

“How do you feel that's going so far?”

“What's improved?”

“What still needs work?”

9. End of Lesson Debrief

“Talk me through what you've learned today.”

“What will you focus on next time?”

FINAL:

“Big improvement in your decision making — keep trusting your judgement.”

5 Golden Rules:

1. Don't fill silence
2. Ask before you tell
3. Let them make decisions
4. Use real situations to teach
5. Keep explanations short